

March 2009

Maxwell News

Boys & Girls Clubs of Sonoma Valley Maxwell Clubhouse Newsletter

THIS MONTH @ Maxwell Clubhouse

Message from Matt

I wanted to share with Families, Mentors and Friends of our Members some information about Power Hour and the benefit that it provides to our Members. Every school day from 4:00-5:00pm the Members by grade get together and work on school homework. The goal of the program is to assist members with getting homework completed and getting assistance with areas of academics that they may be struggling with. During Power Hour we have the Members participate in a 20 minute reading exercise. We hope that this time spent assisting the members with their homework and with your time invested at

home we will be able to improve our Members educational performance and future opportunities. If you have any questions about Power Hour, please contact me at your convenience.

Junior High Club

The Junior High Club continues to provide varied and exciting activities every Friday night from 6:00-9:00pm. Junior High Club members enjoy getting together and playing sports in the Gymnasium, creating and connecting in the Intel Computer Clubhouse, challenging each other in the Games Room and sharing food from the Snack Bar. So if you are a 6th, 7th or 8th grader come on down to the Maxwell Clubhouse

on Friday nights and join in the fun!

Junior High Club

Friday Nights

6:00—9:00pm

Drama Matters

Does your Member have the performance bug? TNT Drama Matters is partnering with Boys & Girls Clubs of America to introduce drama education as a powerful tool to stimulate Club Member achievement and help them reach their full potential. We are offering Drama Matters every Friday from 5:00-6:00pm for all ages. Please check in with Janice Perkins (Arts Coordinator) if you have any questions.

Girls on the Run

Girls on the Run is a exciting new program that is being offered at the Maxwell Clubhouse. Eleven 5th grade girls are participating in this 12-week program that uses the power of exercise to build self-esteem and improve the emotional and physical health of pre-teen girls. The girls are taught specific life lessons over the 24 sessions that they get together to run and discuss such issues as understanding health and wellness, nutrition, healthy expression, learning the concept of community and the destructive nature of gossip. At the end of the program the girls will participate in a 5k run/walk and complete a community service project. We are excited to have this new program and watch for our Girls on the Run!

Meet Dwayne Kilgore

Dwayne Kilgore (Sports, Fitness & Recreation Coordinator) spent years volunteering at the Clubhouse assisting members with homework, playing games and dazzling members with his maze making skills before joining the Boys & Girls Clubs of Sonoma Valley in 2003 as a full-time employee. Dwayne brings with him over 20 years of experience with a City Recreation Department working with all ages from pre-school to seniors. You'll see Dwayne working with Members in the gymnasium teaching new games and sports, running tournaments in the Game Room and coordinating different program activities. On Thursdays from 5:00-6:00pm Dwayne has the Running Club starting back up after a winter lay-off so bring your running shoes and get ready to run.

MEMBER OF THE MONTH

Adalberto Ramirez

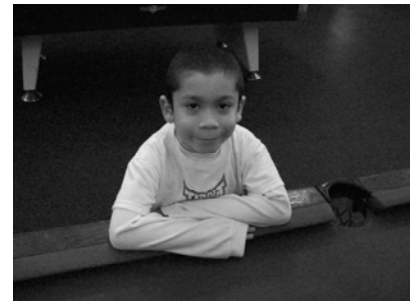
Adalberto Ramirez is the Maxwell Clubhouse Member of the Month for February 2009. Adalberto is a 8 year old First Grader at Dunbar that displays a great attitude in every activity that he participates in. Some of Adalberto's Favorite are:

Animal — Penguin

Color — Green

School Subject — Math

Staff — Kirsten



If Adalberto was President: "Free puppies for everybody."

Important Notes:

March 9-13—Conference Week Clubhouse Open Early

March 23rd — Schools are closed but the Maxwell Clubhouse is open from 7:00am—7:00pm.

There is a \$12.00 fee for dropping off a member before 12:00 noon.

For information please contact:

Clubhouse Director Matt Bailey

938-8544 x111

mbailey@bgcvom.org



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OF SONOMA VALLEY